



## PROGRAMS OFFERED AT FAMILY & CHILDREN'S SERVICES

### PRE ADOPTION SERVICES

This program provides in-home counseling services to children referred by Division of Child Protection and Permanency (DCPP) who are in foster care homes waiting adoption/permanency planning. Therapists work with foster parents and pre-adoptive parents to help them understand the impact of the child's history on their current behavior. Our goal is to stabilize the family situation to ensure continued placement.

### POST ADOPTION SERVICES

The Agency provides free outpatient therapy for any family with an adopted child. FACS provides free support, counseling, advocacy and other finalization services for children and their caretakers. Referrals are accepted by DCPP, as well as from the community.

### KINCARE PROGRAM (Kinship Legal Guardianship)

Short-term therapy, respite and support services are offered to KLG families referred by DCPP. Services provided include: Counseling, behavioral support and referral to resources. Sessions can take place at the Agency or in the family's home.

### COUNSELING, TESTING & ASSESSMENT

Family and Children's Services provides a full compliment of therapeutic services, including individual, group, couples and family therapy. With specialties in Cognitive Behavioral Therapy, Anger Management and Trauma-Focused Cognitive Behavioral Therapy. The Agency also provides psychological testing and psychiatric evaluations.

### FAMILY STABILIZATION

In-Home therapy, In-Home case management and In-Office therapy provided to families and individuals to prevent an occurrence of abuse or removal of children from their homes. DCPP refers these cases to the Agency when there is documentation or suspicion of abuse or neglect.

### COMPANIONSHIP

Companionship provides in-home support, education and case management services to help parents and caretakers deal with the emotional and behavioral problems of their children.

### PARENT CHILD SUPERVISED VISITATION

This program provides supervision of parent-child visits with children who have been removed from the home due to abuse or neglect. Included is a therapeutic group for children in foster care.

### UNION FIRST REUNIFICATION PROGRAM

Intensive family engagement, family team, therapeutic, case management, family support and visitation program.

### HOMELESS PREVENTION PROGRAM

Offers comprehensive therapeutic counseling services to children and families, implements intensive case management services and provides linkages to needed resources for families at risk of homelessness.

### YOUTH ACHIEVING SUCCESS PROGRAM

Program provides counseling services to children ages 9 through 14, at no cost to their families. Children who reside in Union County and are at risk for entering the Juvenile Justice System due to problems with peers, trouble in school or family conflict can receive 10 free counseling sessions.

### YOUTH COUNSELING SERVICES

Program provides in-home or community based counseling services to youth between the ages of 12 and 21 who are involved in one of Juvenile Justice Commission's Points of Continuum (Diversion, Disposition, Detention, or Re-Entry).

## *Our mission...*

**Family & Children's Services is a non-profit multi-service agency** based in Elizabeth and serving Union County and the surrounding area. Our mission is to strengthen families and individuals by providing comprehensive personalized behavioral health and social services with a priority on serving those most vulnerable.

## *History*

**Founded in 1893**, Family & Children's Services began as the Charity Organization Society. It was joined in 1898 by the Elizabeth Society for the Prevention of Cruelty to Children. Our commitment to these two organizations continues today with particular emphasis on disadvantaged families and vulnerable children, as we continue to provide a wide array of innovative and professional quality child welfare, mental health and family services to children, youth and adults of all ages in Union County and surrounding area.

## *Goals*

- **Protecting** children, vulnerable individuals and families
- **Preventing** child abuse and neglect
- **Educating** and supporting parents and caregivers
- **Preserving** and strengthening relationships and families
- **Promoting** family permanency for children
- **Enhancing** individual capacity and self-esteem
- **Participating** in public education and advocacy for children and families
- **Collaborating** with organizations and communities to provide services, resources and opportunities for children, youth, adults and families.

## *Agency Summary*

- **Client Base Served:** In 2012, FACS served over 2,600 individuals— over 60% from families below the poverty line— in Union, Essex and Middlesex counties.
- **Professional Staff:** Includes social workers, psychologists, counselors and case managers. All licensed and certified as applicable.
- **Board of Trustees:** Volunteer Board of Trustees with 5 active committees and special project volunteers.

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