

## Our mission...

*Family & Children's Services is an independent non-profit behavioral health and social service agency based in Elizabeth and serving Union County and the surrounding area. Our mission is to strengthen families and individuals by providing comprehensive personalized behavioral health and social services with a priority on serving those most vulnerable.*

## Goals

- **Protecting** children, vulnerable individuals and families
- **Preventing** child abuse and neglect
- **Educating** and supporting parents and caregivers
- **Preserving** and strengthening relationships and families
- **Promoting** family permanency for children
- **Enhancing** individual capacity and self-esteem
- **Participating** in public education and advocacy for children and families
- **Collaborating** with organizations and communities to provide services, resources and opportunities for children, youth, adults and families.

## History

*Founded in 1893*, Family & Children's Services began as the Charity Organization Society. It was joined in 1898 by the Elizabeth Society for the Prevention of Cruelty to Children. Our commitment to these two organizations continues today with particular emphasis on disadvantaged families and vulnerable children, as we continue to provide a wide array of innovative and professional quality child welfare, mental health and family services to children, youth and adults of all ages in Union County and surrounding area.

## Credentials and Qualifications

*Family & Children's Services employs a diverse, multi-disciplinary team* of skilled, experienced staff who individually meet respective professional licensing and certification requirements where applicable. The agency staff has extensive experience working with children, youth, adults and families who may need a continuum of services.

*Family & Children's Services is* state licensed to provide mental health and adoption services and is a certified partner of the United Way of Greater Union County and are partners in the National Child Traumatic Stress Network. We provide therapeutic, case management, education and support services to children, youth and adults of all ages.



# Client Population

**Family & Children's Services serves individuals of all ages** and diverse families of all income levels.

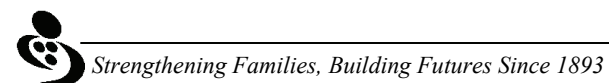
We place special emphasis providing services to at-risk, disadvantaged and under-served families who may not otherwise have access to human services. Of special concern are children in need of protection, foster care or adoption and families in need of crisis intervention or reunification. Our programs address the needs of individuals and families who have experienced one or more of the following: Abuse or neglect, family disruption, crisis or conflict, domestic violence, mental health problems, substance abuse, juvenile delinquency, truancy or other school-related problems, homelessness, job loss or other challenges of life.

## Service Locations

<b>FACS MAIN OFFICE</b> 40 North Avenue Elizabeth, NJ 07208 908-352-7474 908-965-3227 (fax)	<b>FACS MID-TOWN</b> 16 Jefferson Avenue Elizabeth, NJ 07201 908-372-1007 908-372-1018 (fax)
<b>TRMC NEW POINT CAMPUS</b> 655 E. Jersey Street Elizabeth, NJ 07206 (908)994-7449	

## Family & Children's Services

*In partnership with  
Trinitas Regional Medical Center*



## PROGRAM OVERVIEW

The Transforming Trauma Program provides trauma-informed services to children impacted by a traumatic event and their parent(s) / caregiver(s).

A traumatic experience can be very scary and confusing, especially for children. It can be a single event, like a natural disaster, or multiple events over time, such as child abuse or domestic violence. Although there is a wide range of reactions, it is very common for children to feel confused, scared, angry or depressed. They may experience a sense of helplessness.

Our primary goal is to provide therapy to children from military families and children from our community and to provide support to parents who have been impacted by trauma.



# TRANSFORMING TRAUMA

## HOW WE CAN HELP

Our intake and clinical staff can provide comprehensive services to families which include:

- ◆ Outreach
- ◆ Psycho-education
- ◆ Screening
- ◆ Assessment
- ◆ Therapy

## Contact Us

For more information about the Transforming Trauma Program please contact our intake worker at 908.372.1007 or Email us at [info@facsnj.org](mailto:info@facsnj.org)

Visit us on the web: [www.facsnj.org](http://www.facsnj.org)

## PROGRAM GOALS

We seek to increase community awareness about trauma through establishing partnerships and collaborations with other service systems, military organizations and providers in the community.

We offer a Consumer Advisory Board for persons over the age of 18 who have been touched by trauma directly, or indirectly who want to be involved in providing feedback from a consumer's perspective about trauma and their experience accessing services.

Therapists at Family and Children's Services along with Trinitas Regional Medical Center have been trained in the delivery of Trauma Focused-Cognitive Behavioral Therapy (TF-CBT), an evidenced-based treatment model. Therapy typically lasts 12-20 weeks, depending on the needs of the child. This model emphasizes parental engagement and support.

